The 27th Annual

Trends in CARDIOVASCULAR Medicine
for the Primary Physician

November 4 – 6, 2016
Resort at Squaw Creek • Olympic Valley, California

Presented by

Renown®
INSTITUTE FOR HEART & VASCULAR HEALTH

NEVADA ACADEMY OF FAMILY PHYSICIANS
Hotel Check-In
3:00 PM – 4:00 PM
Welcome and Opening Remarks
5:00 PM – 4:00 PM
Lunch
5:00 PM – 8:00 PM
Welcome Reception – Grand Sierra Ballroom C & D (Located in Exhibit Hall) Hosted by Renown Institute for Heart & Vascular Health
Saturday, November 5, 2016 – Alpine Ballroom
7:30 AM – 7:45 AM
Welcome and Opening Remarks
7:45 AM – 8:15 AM
Break
8:15 AM – 8:30 AM
“Grill the Experts” Update and Questions from the Audience
8:30 AM – 8:45 AM
Break
8:45 AM – 9:00 AM
March of Dimes
9:00 AM – 9:15 AM
Break
9:15 AM – 10:00 AM
“Better understand the mechanisms and implications of sleep apnea and heart failure”
Raymond V. Haring, PhD
9:15 AM – 10:00 AM
“EKG/STEMI Diagnosis and Evaluation”
Troy L. Wiedenbeck, MD, FACC
10:00 AM – 10:15 AM
Break
10:15 AM – 11:00 AM
“Improved comprehension and insight for clinician and patient”
Matthew J. Budoff, MD, FACC, FAHA
11:00 AM – 11:15 AM
Break
11:15 AM – 12:00 PM
“Using NOACs for Stroke Prevention in Patients with Cryptogenic Stroke”
Gregory W. Albers, MD
12:00 PM – 1:00 PM
“Macrovascular Disease”
Robert H. Eckel, MD
1:00 PM – 2:00 PM
Meeting Adjourned for Lunch
2:00 PM – 2:15 PM
“Better understand the complicated relationship between sleep apnea deprivation and weight gain”
Georgie G. Kostka, MPH, RD, LD
2:15 PM – 2:30 PM
Meeting Adjourned for Lunch
2:30 PM – 3:15 PM
“Recognize the impact of unconscious bias on health care disparities”
Robert H. Eckel, MD
3:15 PM – 3:30 PM
Virend K. Somers, MD, PhD, FACC
3:30 PM – 3:45 PM
Break
3:45 PM – 4:30 PM
“Evaluate the effect of further lowering the most effective preventive medicine dietary pattern”
Michael J. Bloch, MD, FACP, FASH, FNLA
4:30 PM – 4:45 PM
Break
4:45 PM – 5:30 PM
“Better understand the complicated relationship between sleep apnea deprivation and weight gain”
Georgie G. Kostka, MPH, RD, LD
5:30 PM – 6:00 PM
Meeting Adjourned for Lunch
Tuesday, November 8, 2016 – Alpine Ballroom
7:45 AM – 8:00 AM
“Type 2 Diabetes Mellitus and the Prevention and Treatment of Macrovascular Disease”
Robert H. Eckel, MD
8:00 AM – 8:15 AM
“Update on Duration of Dual Antithrombotic Therapy in Patients with Percutaneous Coronary Intervention”
Ralph G. Brindis, MD, MPH, MACF, FASAHA
8:15 AM – 8:30 AM
“Sleep Apnea: Is It Time to ‘Sleep Less Make You Fat’?”
Vincent K. Scirica, MD, FACC
8:30 AM – 9:00 AM
“ Macrosleeplearnings: The Most Difficult Disorder to Evaluate and Treat”
Robert L. Clark, MD
9:00 AM – 9:15 AM
“Choosing Wisely – A Cardiovascular Perspective”
Matthew J. Budoff, MD, FACC, FAHA
9:15 AM – 9:30 AM
“Appropriate Use and Indication of Statins in Patients with Heart Failure”
Troy L. Wiedenbeck, MD, FACC
9:30 AM – 9:45 AM
“Understanding Heart Failure with Preserved Ejection Fraction”
René Salazar, MD
9:45 AM – 10:00 AM
“Diabetes: Are You Tired of the Same Old Diabetes?”
Virend K. Somers, MD, PhD, FACC
10:00 AM – 10:15 AM
Break
10:15 AM – 11:00 AM
“What’s UP with Renal Impairment?”
Michael J. Bloch, MD, FACP, FASH, FNLA
11:00 AM – 11:15 AM
Break
11:15 AM – 11:45 AM
“What’s New in Renal Transplantation”
Christopher R. Wilson, MD, PhD, FACC
11:45 AM – 12:00 PM
“Gout: PCF Pharmacological Treatment”
Troy L. Wiedenbeck, MD, FACC
12:00 PM – 12:15 PM
“Heart Failure with Preserved Ejection Fraction”
Howard C. Chen, MD, FACC, FAHA
12:15 PM – 1:00 PM
“EKG/STEMI Diagnosis and Evaluation”
Troy L. Wiedenbeck, MD, FACC
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Dinner Keynote Speaker – Raquel Salazar, MD, FACC
9:00 PM – 10:00 PM
Buffet Reception
8:00 AM – 9:00 AM
“New advances in the treatment of drug resistant hypertension”
Jeffrey Cutler, MD
9:00 AM – 9:15 AM
Break
9:15 AM – 10:00 AM
“Trends in Cardiovascular Medicine”
Howard C. Chen, MD, FACC, FAHA
10:00 AM – 10:15 AM
Break
10:15 AM – 11:00 AM
“Evaluation of STEMI/ACS patients”
Matthew J. Budoff, MD, FACC, FAHA
11:05 AM – 11:20 AM
“Coronary Artery Disease”
Robert H. Eckel, MD
11:25 AM – 11:40 AM
“Sleep Apnea and Sleep Deprivation: Does Sleeping Less Make You Fat?”
Virend K. Somers, MD, PhD, FACC
11:45 AM – 12:00 PM
George G. Kostka, MPH, RDN, LD
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For more information please visit renown.org/trends
Delivering high-altitude fun in a dramatic alpine valley.

A full-service, luxury resort in an idyllic mountain setting, Resort at Squaw Creek rests at the base of Squaw Valley, site of the 1960 Winter Olympics, and just minutes from California’s North Lake Tahoe.

This AAA Four-Diamond resort is ideally situated to offer access to Squaw Valley and Alpine Meadows, now accessible with one lift ticket. Our dramatic lobby, through its floor-to-ceiling windows, overlooks a cascading waterfall and the breathtaking Sierra Nevada Mountains. Our 405 luxurious resort rooms and suites, complete with resort-style kitchens, fireplaces and LCD flat-screen TVs, comfort guests in mountain home ambiance.

This is no ordinary Lake Tahoe hotel. Our gracious hospitality and full-service amenities led Condé Nast Traveler magazine to rank the Resort at Squaw Creek among the top 50 ski hotels in North America, and one of the top 150 U. S. mainland resorts. Recreation enthusiasts love the resort’s true ski-in, ski-out lodging, 18-hole championship golf course, on-site cross-country ski center, fly fishing center, ice-skating rink, heated swimming pools, waterslide, and scenic hiking and biking trails.

And if that’s not enough, we also feature our own shopping promenade, four distinct restaurants as well as other dining venues, extensive meeting and wedding facilities, a full-service spa, a complete health and fitness center, and Mountain Buddies™, a comprehensive children’s program.

Whether you’re looking for a world-class destination for a corporate conference or for an exciting family vacation, Resort at Squaw Creek provides everything you need to share great experiences and create cherished memories.