



The 27th Annual
Trends in **CARDIOVASCULAR** Medicine
for the Primary Physician

November 4 – 6, 2016
Resort at Squaw Creek • Olympic Valley, California

Presented by

Renown[®]
INSTITUTE FOR HEART
& VASCULAR HEALTH



NEVADA ACADEMY OF
FAMILY PHYSICIANS

This three-day continuing medical education program is designed for the primary care physician, internist, cardiovascular specialist, nurse practitioner, physician assistant, pharmacist, nurse, and all other physicians and healthcare professionals interested in the most recent advances and current established guidelines for the diagnosis, treatment and prevention of cardiovascular disease, diabetes mellitus, stroke, and diseases or problems associated with heart disease. At the completion of this conference, attendees should be able to:

- Recognize the impact of unconscious bias on health care disparities
- Improve proficiency in early acute diagnosis and evaluation of STEMI/ACS patients
- Review the cardiovascular benefits and risks associated with acupuncture
- Review the current evidence on endovascular therapy in acute ischemic stroke and discuss the major challenges in the implementation of this therapy
- Translate evidence-based strategies for screening and treatment of cardiovascular risk to their clinical practice
- Better understand the mechanisms and implications of sleep apnea and heart failure
- Assess the role of novel oral anticoagulants in the management of cryptogenic stroke
- Guide their patients to practice the simplest and most effective preventive medicine dietary pattern
- Develop essential skills required for effective communication with patients and staff
- Evaluate the effect of further lowering the treatment goals for blood glucose, blood pressure and cholesterol levels on the prevention of macrovascular complications
- Utilize and assess a clinical decision tool to identify patients expected to derive benefit vs. harm from continuing dual antiplatelet therapy beyond one (1) year after percutaneous coronary intervention (PCI)
- Better understand the complicated relationship between sleep apnea/deprivation and weight gain
- Explain the lipid-altering effects and impact on CV risk of available therapeutic strategies for managing high triglycerides and mixed dyslipidemia
- Provide a practical guide to clinicians and patients when considering coronary revascularization
- Answer the key clinical question as to whether the results of the SPRINT trial applies to patients with resistant hypertension
- Describe the benefits of cardiac PET compared to SPECT as well as its limitations and challenges
- Explain the current available pharmacologic treatments and monitoring systems for patients with heart failure

Friday, November 4, 2016

3:00 PM –	Hotel Check-In
5:00 PM – 6:00 PM (1 hour Ethics CME)	“Unconscious Bias: How Our Underlying Assumptions Affect How We Care for Patients” René Salazar, MD
6:00 PM – 8:30 PM	Welcome Reception – Grand Sierra Ballroom C & D (Located in Exhibit Room) Hosted by Renown Institute for Heart & Vascular Health

Saturday, November 5, 2016 – Alpine Ballroom

7:25 AM – 7:30 AM	Welcome and Opening Remarks
7:30 AM – 7:55 AM (25 min.)	“EKG/STEMI Diagnosis and Evaluation” Troy L. Wiedenbeck, MD, FACC
7:55 AM – 8:20 AM (25 min.)	“Cardiovascular Benefits of Acupuncture” Howard C. Chen, MD
8:20 AM – 9:10 AM (50 min.)	“Endovascular Therapy for Acute Stroke” Gregory W. Albers, MD
9:10 AM – 9:25 AM	Break
9:25 AM – 10:15 AM (50 min.)	“Integrating Biomarkers and Imaging for CV Risk Assessment and Treatment” Matthew J. Budoff, MD, FACC, FAHA
10:15 AM – 11:05 AM (50 min.)	“Sleep and the Failing Heart” Virend K. Somers, MD, PhD, FACC
11:05 AM – 11:20 AM	Break
11:20 AM – 12:10 PM (50 min.)	“Using NOACs for Stroke Prevention in Patients with Cryptogenic Stroke” Gregory W. Albers, MD
12:10 PM – 1:00 PM (50 min.)	“Today’s Diets – What Works and Why: Tips and Tools from a Veteran Dietician-Nutritionist” Georgia G. Kostas, MPH, RDN, LD
1:00 PM	Meeting Adjourned for Lunch
6:30 PM – 9:00 PM	Arthur J. Lurie, MD Memorial Dinner/Keynote Presentation (Alpine Ballroom) Hosted by Renown Institute for Heart & Vascular Health
8:00 PM – 9:00 PM	“The Art of Communicating – Use Your Heart – Use Your Mind” Raymond V. Haring, PhD

Sunday, November 6, 2016 – Alpine Ballroom

7:40 AM – 8:05 AM (25 min.)	“Type 2 Diabetes Mellitus and the Prevention and Treatment of Macrovascular Disease” Robert H. Eckel, MD
8:05 AM – 8:30 AM (25 min.)	“Update on Duration of Dual Antiplatelet Therapy in Patients with Coronary Artery Disease” Ralph G. Brindis, MD, MPH, MACC, FSCAI, FAHA
8:30 AM – 9:20 AM (50 min.)	“Sleep Apnea and Sleep Deprivation: Does Sleeping Less Make You Fat?” Virend K. Somers, MD, PhD, FACC
9:20 AM – 9:30 AM	Break
9:30 AM – 10:20 AM (50 min.)	“Hypertriglyceridemia: The Most Difficult Lipid Disorder to Evaluate and Treat” Robert H. Eckel, MD
10:20 AM – 11:10 AM (50 min.)	“Choosing Wisely – A Cardiovascular Perspective” Ralph G. Brindis, MD, MPH, MACC, FSCAI, FAHA
11:10 AM – 11:15 AM	Break
11:15 AM – 11:40 AM (25 min.)	“What the SPRINT Trial Means to the Definition of Resistant Hypertension and Its Workup for Secondary Causes” Michael J. Bloch, MD, FACP, FASH, FVSM, FNLA
11:40 AM – 12:05 AM (25 min.)	“Cardiac PET: Practical Considerations” Christopher R. Wilson, MD, PhD, FACC
12:05 AM – 12:30 PM (25 min.)	“Heart Failure Update: 2016” Thomas-Duythuc To, MD

2016 Guest Faculty

Gregory W. Albers, MD

The Coyote Foundation Professor and Professor, by courtesy, of Neurosurgery Director, Stanford Stroke Center Stanford University Medical Center Palo Alto, CA

Michael J. Bloch, MD, FACP, FASH, FVM, FNLA

Associate Professor
Department of Internal Medicine
University of Nevada School of Medicine
Medical Director,
Vascular Medicine and Anticoagulation Services
Renown Institute for Heart & Vascular Health
Reno, NV

Ralph G. Brindis, MD, MPH, MACC, FSCAI, FAHA

Clinical Professor of Medicine
Department of Medicine & the Philip R. Lee
Institute For Health Policy Studies
University of California, San Francisco
Senior Medical Officer, External Affairs’
ACC National CV Data Registry
San Francisco, CA

Matthew J. Budoff, MD, FACC, FAHA

Professor of Medicine
David Geffen School of Medicine at UCLA
Endowed Chair of Preventive Cardiology
Program Director, Division of Cardiology
Los Angeles Biomedical Research Institute
Harbor-UCLA Medical Center
Torrance, CA

ACCREDITATION:

This program has been submitted for review for up to 11.6 Prescribed Credits to the American Academy of Family Physicians.

TUITION:

Registration fee includes the one hour of Ethics CME, Welcome Reception, continental breakfasts and break service each day, Saturday evening dinner and information and program materials available at renown.org/trends. Spouses and guests are welcome to attend the Welcome Reception on Friday evening at no charge. Spouses and guests are also cordially invited to attend the Saturday evening dinner/keynote presentation at a charge of \$50 per person. Registration fee for physicians is \$245 for the conference. For all other registrants, the fee is \$175.

On-site registration will be available at Resort at Squaw Creek.

Howard C. Chen, MD

Medical Director
Preventive and Integrative Medicine
Renown Health
Reno, NV

Robert H. Eckel, MD

Professor of Medicine
Division of Endocrinology, Metabolism and Diabetes
Professor of Physiology and Biophysics
Charles A. Boettcher II Endowed Chair in Atherosclerosis
Director, T32 in Obesity and Cardiovascular Disease
University of Colorado Anschutz
Medical Campus
Director, Lipid Clinic
University Hospital
Aurora, CO

Raymond V. Haring, PhD

Award-Winning University Professor
Author, Professional Speaker,
Research Scientist
Founder, HealthSpan Communications
Sacramento, CA

Georgia G. Kostas, MPH, RDN, LD

Veteran Dietician-Nutritionist
Public Speaker/ Nutrition Author
Dallas, TX

LOCATION & ACCOMMODATIONS:

The program will be held at Resort at Squaw Creek in Olympic Valley, California, approximately 45 minutes from Reno.

A block of rooms has been reserved at the Resort at the special rate of \$154+/night, single or double occupancy. Fireplace suites and deluxe fireplace suites are available upon request, also at a special rate. Registrants are responsible for making hotel reservations by calling the Resort at 1-800-327-3353 or online at squawcreek.com. Reservations for lodging must be made by October 5, 2016 to ensure room availability at the special group rate.

Lodging is also available nearby at The Village at Squaw Valley at the rate of \$109+/night (1 bedroom suite).

For reservations or more information, please call 1-888-767-1907 and mention Renown Institute for Heart & Vascular Health to receive the group rate.

Rene Salazar, MD

Assistant Dean for Diversity
University of Texas at Austin
Dell Medical School
Austin, Texas

Virend K. Somers, MD, PhD, FACC

Professor of Medicine
Mayo Clinic
Consultant in Cardiovascular Disease
Mayo Clinic and Foundation
Rochester, MN

Thomas-Duythuc To, MD

Cardiologist
Renown Institute for Heart & Vascular Health
Reno, NV

Troy L. Wiedenbeck, MD, FACC

Interventional Cardiologist
Renown Institute for Heart & Vascular Health
Reno, NV

Christopher R. Wilson, MD, PhD, FACC

Cardiologist
Renown Institute for Heart & Vascular Health
Reno, NV

FOR MORE INFORMATION:

775-982-2483
renown.org/trends

CANCELLATION & REFUND POLICY:

If written notice is received by October 28, 2016, a full refund of the registration fee will be made. No refunds will be made after October 28, 2016. In the unlikely event the program is cancelled, we are responsible only for full refund of the registration fees and not for hotel accommodations or transportation.

Program Registration Trends in Cardiovascular Medicine November 4 – 6, 2016

Name
Address
City
State/Zip
Daytime Phone Number

Email Address

Registration Fees

Physicians – \$245 **Yes**, I will be staying at the Resort at Squaw Creek. 800-327-3353 for reservations.

All Others – \$175

Yes, I will be staying at the Village at Squaw Valley. 888-767-1907 for reservations.

Saturday evening dinner/keynote speaker

No, I do not intend to stay at any of the area hotels, but will attend “Trends.”

To register, visit renown.org/trends.

Amount Enclosed: _____
(Check or money order payable to:
Renown Institute for Heart & Vascular Health)

License Number: _____

State: _____

Return Registration Form and Fee to:

Renown Institute for Heart & Vascular Health
Center for Advanced Medicine B
1500 E. Second Street, Suite 400
Reno, NV 89502
775-982-2483
Fax: 775-982-3294

All program materials will be made available at the conference and at renown.org/trends.

Renown Institute for Heart & Vascular Health:

We're committed to the improvement of cardiovascular care through quality CME programs provided to healthcare professionals in our service area. We are pleased to be hosting the 27th annual "Trends" conference this year.

About the Nevada Academy of Family Physicians:

The NAFP promotes the profession of family practice by preserving the scope of practice, promoting primary care research and encouraging family physicians to assume leadership roles. The NAFP works as an advocate for family physicians and their patients to various government and non-governmental organizations affecting healthcare access and delivery.



NEVADA ACADEMY OF
FAMILY PHYSICIANS

For more information:

Call Renown Institute for Heart & Vascular Health at 775-982-2483 or visit renown.org/trends.

We gratefully acknowledge the support provided by the following organizations:

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| Abbott Vascular | Hometown Health |
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| Boston Scientific | Regeneron Pharmaceuticals |
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Renown Institute for Heart & Vascular Health

**1155 Mill St., P1
Reno, NV 89502**

Change Service Requested



Resort at Squaw Creek • 800-327-3353



Delivering high-altitude fun in a dramatic alpine valley.

A full-service, luxury resort in an idyllic mountain setting, Resort at Squaw Creek rests at the base of Squaw Valley, site of the 1960 Winter Olympics, and just minutes from California's North Lake Tahoe.

This AAA Four-Diamond resort is ideally situated to offer access to Squaw Valley and Alpine Meadows, now accessible with one lift ticket. Our dramatic lobby, through its floor-to-ceiling windows, overlooks a cascading waterfall and the breathtaking Sierra Nevada Mountains. Our 405 luxurious resort rooms and suites, complete with resort-style kitchens, fireplaces and LCD flat-screen TVs, comfort guests in mountain home ambiance.

This is no ordinary Lake Tahoe hotel. Our gracious hospitality and full-service amenities led Condé Nast Traveler magazine to rank the Resort at Squaw Creek among the top 50 ski hotels in North America, and one of the top 150 U. S. mainland resorts. Recreation enthusiasts love the resort's true ski-in, ski-out lodging, 18-hole championship golf course, on-site cross-country ski center, fly fishing center, ice-skating rink, heated swimming pools, waterslide, and scenic hiking and biking trails.

And if that's not enough, we also feature our own shopping promenade, four distinct restaurants as well as other dining venues, extensive meeting and wedding facilities, a full-service spa, a complete health and fitness center, and Mountain Buddies™, a comprehensive children's program.

Whether you're looking for a world-class destination for a corporate conference or for an exciting family vacation, Resort at Squaw Creek provides everything you need to share great experiences and create cherished memories.