



The 32nd Annual  
Trends in Cardiovascular Medicine

November 4 – 6, 2022

Resort at Squaw Creek • Olympic Valley, California

PRESENTED BY

**Renown**<sup>®</sup>  
HEALTH



NEVADA ACADEMY OF  
FAMILY PHYSICIANS

This three-day continuing medical education program is designed for the primary care physician, hospitalist, internal medicine physician, cardiovascular specialist, advanced practice provider, pharmacist, nurse, and all other physicians and healthcare professionals interested in the most recent advances and current established guidelines for the diagnosis, treatment and prevention of cardiovascular disease, diabetes mellitus, stroke, and diseases or problems associated with heart disease. At the completion of this conference, attendees should be able to:

- Better understand some misconceptions and facts about the fentanyl crisis in the U.S.
- Identify multiple barriers in providing timely access to care for patients with Obstructive Sleep Apnea (OSA) in primary care delivery models.
- Describe current guidance for medical clearance after COVID-19.
- Discuss key recent landmark diabetes advances.
- Gain a better understanding of female-specific ischemic heart disease risk factors and pathophysiology of ischemia with no obstructive coronary arteries (INOCA).
- Explain why Lipoprotein (a) is an Atherosclerotic Cardiovascular Disease (ASCVD) risk factor and therapeutic target.
- Better understand the mechanism of action of glucagon-like peptide-1 (GLP-1) agonists and why they are considered targeted anti-obesity therapies.
- Keynote Learning Objectives - TBD.
- Be able to assess the significance of Peripheral Arterial Disease (PAD) and indications for referral.
- Develop a comprehensive approach for female patients at risk of developing Atrial Fibrillation (AF) through controlling comorbidities and promoting necessary lifestyle changes.
- Understand the approach to optimizing outpatient medical therapies for the heart failure patient.
- Review some clinical pearls for everyday Coronary Artery Calcium (CAC) use.
- Assess the impact of bariatric surgery on cardiovascular risk.
- Through various case presentations, assess adherence to medicines and lifestyle modifications and address factors that influence poor adherence in patients with cardiovascular disease.

## Friday, November 4, 2022

<b>4:00 PM –</b>	<b>Hotel Check-In</b>
<b>5:00 PM – 6:00 PM</b> (1 hour Ethics CME)	<b>“What the Fentanyl? Making Sense of a Deadly Epidemic”</b> Andrew A. Herring, MD Grand Sierra Ballroom A
<b>6:00 PM – 8:30 PM</b>	<b>Welcome Reception</b> – Grand Sierra Ballroom C & D (Located in Exhibit Room) Hosted by Renown Institute for Heart & Vascular Health

## Saturday, November 5, 2022 – Grand Sierra Ballroom A & B

<b>7:25 AM – 7:30 AM</b>	<b>Welcome and Opening Remarks</b> Jayson A. Morgan, MD, FACC
<b>7:30 AM – 8:20 AM</b> (50 min.)	<b>“Challenges and Perspectives in Obstructive Sleep Apnea”</b> Sean M. Caples, DO, MSc, FCCP
<b>8:20 AM – 9:10 AM</b> (50 min.)	<b>“COVID-19: Return to Sport or Strenuous Activity Following Infection”</b> Francis G. O’Connor, MD, MPH, FACS, FAMSSM
<b>9:10 AM – 9:25 AM</b>	<b>Break</b>
<b>9:25 AM – 10:15 AM</b> (50 min.)	<b>“Management of Type 2 Diabetes: Evolving Data, Evolving Guidelines, Evolving Practice”</b> Jay H. Shubrook, DO, FACOF, FAF, FAF
<b>10:15 AM – 11:05 AM</b> (50 min.)	<b>“Coronary Microvascular Disease in Women: Signs, Symptoms, Evaluation and Treatment”</b> Ailin Barseghian El-Farra, MD, FACC; Danish Atwal, MD
<b>11:05 AM – 11:20 AM</b>	<b>Break</b>
<b>11:20 AM – 12:10 PM</b> (50 min.)	<b>“Lipoprotein (a): A Risk Factor for Atherosclerosis and an Emerging Therapeutic Target”</b> Matthew J. Sorrentino, MD, FACC, FASH
<b>12:10 PM – 1:00 PM</b> (50 min.)	<b>“Gut Feeling: The Increased Importance of GLP-1 Therapies for Personalized Obesity Management”</b> Domenica M. Rubino, MD
<b>1:00 PM</b>	<b>Meeting Adjourned for Lunch on your own</b>
<b>6:30 PM – 9:00 PM</b>	<b>Arthur J. Lurie, MD Memorial Dinner/Keynote Presentation</b> Grand Sierra Ballroom A & B Hosted by Renown Institute for Heart & Vascular Health
<b>6:30 PM – 7:00 PM</b>	<b>Reception Bar</b> – Grand Sierra Pre-Function C & D
<b>7:00 PM – 8:00 PM</b>	<b>Dinner – Brief Acknowledgements @ 7:45 PM</b>
<b>8:00 PM – 9:00 PM</b>	<b>Keynote Presentation</b> Speaker TBD

## Sunday, November 6, 2022 – Grand Sierra Ballroom A & B

<b>7:40 AM – 8:30 AM</b> (50 min.)	<b>“Primary Care Perspectives: Peripheral Vascular Disease”</b> John C. Hansen, MD, FACS
<b>8:30 AM – 9:20 AM</b> (50 min.)	<b>“Prevention of Atrial Fibrillation and Sudden Cardiac Death in Women”</b> Jeanne E. Poole, MD, FACC, FHRS, CCDS
<b>9:20 AM – 9:30 AM</b>	<b>Break</b>
<b>9:30 AM – 10:20 AM</b> (50 min.)	<b>“Clinical Practice Guidelines for the Management of Heart Failure in 2022: What Do I as a Primary Care Provider Need to Know?”</b> Boback Ziaean, MD, PhD, FACC, FAHA
<b>10:20 AM – 10:45 AM</b> (25 min.)	<b>“Can a Patient be Low Risk without a Calcium Score?”</b> Vlad Radulescu, MD
<b>10:45 AM – 10:55 AM</b>	<b>Break</b>
<b>10:55 AM – 11:25 AM</b> (30 min.)	<b>“Obesity &amp; Cardiovascular Disease Risk Reduction: How Does Bariatric Surgery Change the Landscape?”</b> Kent Sasse, MD, MPH, FACS, FASMBS & Alex Ayzengart, MD, MPH, FACS, FASMBS
<b>11:25 AM – 12:15 PM</b> (50 min.)	<b>Case Studies/Q&amp;A -Panel Discussion</b>
<b>12:15 PM</b>	<b>Adjournment</b>

## 2022 Faculty

**Danish Atwal, MD**  
Director, Women’s Heart Center  
Renown Institute for Heart & Vascular Health  
Renown Medical Group  
Reno, NV

**Alexander L. Ayzengart, MD, MPH, FACS, FASMBS**  
Bariatric, Gastroesophageal, & Robotic Surgeon  
Nevada Surgical Associates  
Medical Director, Northern Nevada  
Metabolic & Bariatric Surgery Accreditation & QI Program  
Reno, NV

**Ailin Barseghian El-Farra, MD, FACC**  
Associate Clinical Professor  
Division of Cardiology, Department of Medicine  
UC Irvine School of Medicine  
Co-Director, Structural Heart Disease Program  
Co-Director, Women’s Heart Disease Program  
UC Irvine Health  
Orange, CA

**Sean M. Caples, DO, MSc, FCCP**  
Professor of Medicine  
Mayo Clinic College of Medicine and Science  
Consultant, Division of Pulmonary & Critical Care Medicine  
Section Head, Division of Pulmonary & Critical Care Medicine Department of Internal Medicine  
Mayo Clinic  
Rochester, MN

**John C. Hansen, MD, FACS**  
Director, Vascular Surgery  
Renown Institute for Heart & Vascular Health  
Health Renown Medical Group  
Reno, NV

**Andrew A. Herring, MD**  
Assistant Clinical Professor  
UC San Francisco School of Medicine  
Associate Director of Research  
Medical Director, Substance Use Disorder Treatment Program  
Highland Hospital - Alameda Health System  
Director/ Co-Principal Investigator  
California ED-BRIDGE Program  
Oakland, CA

**Francis G. O’Connor, MD, MPH, FACS, FAMSSM COL. (ret), MC, USA**  
Professor of Military and Emergency Medicine  
Medical Director, Consortium for Health and Military Performance (CHAMP)  
Uniformed Services University of the Health Sciences  
Bethesda, MD

**Jeanne E. Poole, MD, FACC, FHRS, CCDS**  
Professor of Medicine  
Director, Arrhythmia Service & Electrophysiology Laboratory  
Attending Physician  
University of Washington Medical Center  
Seattle, WA

**Vlad Radulescu, MD**  
Director, Cardiac CT Imaging  
Renown Institute for Heart & Vascular Health  
Renown Medical Group  
Reno, NV

**Domenica M. Rubino, MD**  
Director  
Washington Center for Weight Management & Research  
Arlington, VA

**Jay H. Shubrook, DO, FACOF, FAF, FAF**  
Professor, Primary Care Department  
Director of Clinical Research  
Director of Diabetes Services  
Touro University California College of Osteopathic Medicine  
Vallejo, CA

**Kent C. Sasse, MD, MPH, FACS, FASCRS, FASMBS**  
Clinical Assistant Professor, Physiology & Cell Biology  
University of Nevada Reno School of Medicine  
Founder & Medical Director,  
Nevada Surgical Associates  
Medical Director,  
Renown Regional Medical Center  
Bariatric Surgery Center  
Medical Director, Renown Regional  
Metabolic & Bariatric Surgery  
Accreditation & QI Program  
Reno, NV

**Matthew J. Sorrentino, MD, FACC, FASH**  
Professor of Medicine, Section of Cardiology  
University of Chicago Pritzker School of Medicine  
Vice Chair, Clinical Operations for the Department of Medicine  
Associate Director, Bucksbaum Institute for Clinical Excellence  
The University of Chicago Medicine  
Chicago, IL

**Boback Ziaean, MD, PhD, FACC, FAHA**  
Assistant Professor of Medicine  
Division of Cardiology  
David Geffen School of Medicine at UCLA  
Director of Tele-Cardiology; Staff  
Cardiologist, Division of Cardiology  
West Los Angeles VA Medical Center  
Core Investigator,  
VA HSR&D Center  
for the Study of Healthcare Innovation, Implementation & Policy  
Los Angeles, CA

## MORE INFORMATION

**ACCREDITATION:**  
This program has been submitted for review for up to 10.5 prescribed Credits to the American Academy of Family Physicians.

**TUITION:**  
Registration fee includes the one hour Ethics CME, welcome reception, continental breakfasts and break service each day, Saturday evening dinner and information and program materials available at **renown.org/trends**. Spouses and guests are invited to attend the welcome reception on Friday evening at no charge. Spouses and guests are also cordially invited to attend the Saturday evening dinner/keynote presentation at an additional charge of \$50.00 per person. Registration fee for physicians is \$265 for the conference. For all other registrants, the fee is \$189. On-site registration/ payment will be available at the conference.

**LOCATION & ACCOMMODATIONS:**  
The program will be held at the Resort at Squaw Creek in Olympic Valley, California, approximately 45 minutes from Reno, NV.

A block of deluxe guestrooms have been reserved at the Resort starting at the special rate of \$169+/ night, single or double occupancy. Fireplace and deluxe fireplace suites are available upon request, also at a special rate. Registrants are responsible for making hotel reservations by calling the Resort at 1-800-327-3353 or online at <https://www.hyatt.com/en-US/group-booking/RNODH/G-P74-B>. Reservations for lodging must be made by **October 15, 2022** to ensure room availability/pricing. When calling the Resort, please mention Renown Institute for Heart & Vascular Health to receive the group rate.

Lodging is available at The Village at Palisades Tahoe at a discounted rate. For reservations ask to book with Trends in Cardiovascular Medicine 2022 to receive the group rate. Please note, any booking for the Friday or Saturday will have a 2-night minimum.

**FOR MORE INFORMATION:**  
To register please visit **renown.org/trends**  
For questions call **775-982-2426**.

**CANCELLATION & REFUND POLICY:**

If written notice is received by Friday, October 28, 2022, a full refund of the registration fee will be made. No refunds will be made after October 28, 2022. In the event the program is canceled, we are responsible only for full refund of the registration fees and not for hotel accommodations or transportation.

**RENOWN INSTITUTE FOR HEART & VASCULAR HEALTH:**

We're committed to the improvement of cardiovascular care through quality CME programs provided to healthcare professionals in our service area. We are pleased to be hosting the 32nd "Trends" conference this year.

**ABOUT THE NEVADA ACADEMY OF FAMILY PHYSICIANS:**

We are the Nevada Chapter of the American Academy of Family Physicians. Our purpose is to assist Nevada family physician members in providing the highest quality of care for their patients.

**FOR MORE INFORMATION:**

To register please visit [renown.org/trends](http://renown.org/trends)  
For questions call 775-982-2426.



**ACKNOWLEDGEMENTS:**



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